



20th National Conference of Adolescent Health Academy, IAP



IAP

E-ADOLESCON 2020

TURMOIL TO TRANQUILITY

SCIENTIFIC PROGRAMME

FRIDAY – 6TH NOVEMBER 2020

TIME	EVENT
01:00 pm – 04:00 pm	Workshop Incharge - Dr. Jaya Shiwalkar Workshop by Dr. Manoj Sharma Director – Shut Clinic, Bangalore Media Management Media overviews, cyber crime , cyber bullying , media addiction & porn
04:00 pm –05:00 pm	Inauguration
05:00 pm – 06:00 pm	AGM

DAY 1, SATURDAY 7th NOVEMBER 2020 (01:00 PM – 07:00 PM)

01:00 pm – 02:00 pm - Paper & Poster Presentation

Judge- Dr.Soma shekhar / Dr. Shailaja Mane/ Dr.Prema / Dr. Pemde

Committee member - Dr.Swati Waghmare /Dr Prajakta Kaduskar

Session Incharge – Dr. Prajakta Kaduskar, Dr Swati Waghmare

TIME	SUBJECT	FACULTY	CHAIRPERSON/ INCHARGE	MODERATORS
02:00 pm 03:00 pm	Dr. Swati Bhawe & Dr. MKC Nair Oration “Pornography & Adolescent”	Dr. J S Tuteja	Dr.A S Chawla Dr.Sushma Desai	
03:00 pm 03:30 pm	Key note address Adolescent in Covid 2019	Dr.C.P.Bansal	Dr.Nishikant Kotwal Dr.Shubhada Khirwadkar	
03:30 pm 03:50 pm	Role of AHA & School- How far to Go ?	Dr.Ajit Singh Chawla	Dr.Abhijeet Bharadwaj Dr.Kamalakar Deoghare	

ME AND MY BODY - TOGETHER WE STAND

Session Incharge - Dr Jaya Shiwalkar, Dr Kamlakar Deoghare

03:50 pm 04:05 pm	Common Dermatological Problems in Adolescents- Role of Paediatricians	Dr. Shivani Mane	Dr. Sameer Shah Dr. Satish Sharma	
04:05 pm 04:25 pm	Adolescent Dentistry – Issues & Solutions	Dr. Deval Arora	Dr.G.P.Kaushal Dr.Latika Bhalla	



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04:25 pm 04:40 pm	Bones & Joints- Tips to Pediatricians	Dr.Viraj Shingade	Dr.Shashidhara Dr.Vamochana	
04:40 pm 04:55 pm	Rise in refractive errors – too much screen ?	Dr.Shamik Mukadam	Dr. R.N Sharma Dr. Rashmi Gupta	
04:55 pm 05:10 pm	Metabolic syndrome : Clinical Clues & Tips for the office Practice	Dr. Sushma Desai	Dr. J.C. Garg Dr. Ashok Banga	
05:10 pm 05:25 pm	Reproductive Health of Male Adolescents	Dr. Atul Kanikar	Dr.Padmakar Deka Dr.Sukanta Chatterjee	
05:25 pm 05:40 pm	motivational interviewing regarding healthy life style	Dr Preeti Galagali	Dr. R S Sibia Dr. Jugesh chatwal	
05:40 pm 05:55 pm	Disciplining & Counselling to Connect with Adolescents	Dr.SN Mothi	Dr. Prashant Karia Dr. Deepak Gautam	

Session incharge-DrAbhijit Bhardwaj, Dr Shubhada Khirwadkar,Dr Nishikant Kotwal

05.55 pm to 06.55 pm

LETS PLAY BAT& BALL" Over" to You! - Each over of 10 min

6 pairs of faculty, 6 balls(Questions), 6 strokes (answers)

Each pair has to frame interesting six questions on their topic & also answer them in form of dialogue between 2 friends.

Each one of the pair gets 3 Q & 3A

The questions would be diagnostic / prognostic / referral tips

(premium on choice of interesting questions & answers & being within time)

Duleep Trophy – Ranjhee, Irani Trophy – IPL, National Trophy – World Cup, All the pairs get a trophy

Judges : Dr. Swati Bhawe , Dr. MKC. Nair

Chairpersons : Dr. Utkarsh Bansal- Dr. Naunihal Singh – Dr.Shamik Ghosh- Dr. Ashok Gupta-Dr. Sabarwal-
Dr.Chandra mohan

(1 min introduction of speakers only)

Topics - 3 balls each – 1 liner , 2 liner – 1 min answer

Anxiety :Dr.Paula Goel- Dr. Kiran Vaswani

Sleep Disorders :Dr.Newton- Dr. Swati Ghate

Body image &BDD :Dr. Swati Waghmare - Dr Jayant Pandharikar

Depression Red Flags : Dr. Sonia kanetkar - Dr.Hima Bindu

Suicide Prevention; Pediatrician's role :Dr. R.G.Patil – Dr. Avinash Bansal (Kota)

OCD – ADHD :Dr.Vaishali Deshmukh , Jaya Shiwalkar

08:00 pm – 10:00 pm

“हुनर” Cultural Event



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DAY 2, SUNDAY 8th NOVEMBER 2020

ME & MY HARMONES

Session Incharge: Dr Abhijit Bhardwaj, Dr Prajakta Kaduskar

TIME	SUBJECT	FACULTY	CHAIRPERSON/ INCHARGE	MODERATORS
02:00 pm 02:10 pm	Juvenile Diabetes Ambulatory management	Dr. Ashima	Dr. Smita Desai Dr. Devinder Bath	
02:10 pm 02:25 pm	Red Flags in Precocious & delayed puberty	Dr. Parimal Tayde	Dr. Meena Deshmukh Dr. Geeta Bansal	
02:25 pm 02:35 pm	Journey of parent in the life of adolescent with endocrinal disturbance	Dr. Shekhar Dabhadkar	Dr. Manjusha Giri	
02:35 pm 02:45 pm	Thyroid problems in Adolescence	Dr. Sangeeta Yadav	Dr. Linesh yawalkar Dr. Pravinn Dahake	
Ittisi hanshi ittisi khushi 02:45 pm to 03:45 pm Diamonds are forever ! A session with Stalwarts Session Incharge: Dr J C Garg, Dr Nishikant Kotwal, Dr Shubhada Khirwadkar, Dr Arya				
02:45 pm 03:00 pm	PreMarital counseling: When & how ?	Dr MKC Nair	Dr. Shaji John Dr. Garima Saikia	
03:00 pm 03:15 pm	Personal resilience	Dr. Swati Bhave	Dr. M. Vijaya Rani Dr. Narmada	
03:15 pm 03:25 pm	Why "young adult should be included in pediatric"	Dr. Uday Bodhankar	Dr. Vijay Dhote Dr. Sanjay Ratnaparkhi	
3.25 pm 3.40 pm	Inclusion of Adolescent medicine in PG in Pediatrics	Dr Bakul Parekh	Dr. Basav Raj Dr. Prajakta Kaduskar	
03:40 pm 03:55 pm	Junk the junk food	Dr Piyush Gupta	Dr. Gurmeet Kaur Dr. Sucheet Tamboli	



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03.55 pm – 06:00 pm

Session Incharge: Dr RG Patil, Dr Swati Waghmare

03:55 pm 04:10 pm	Competency & skills to be a better pediatrician	Dr. Harish Pemde	Dr. Neeli Ramchandran Dr. Ashraf	
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04:10 pm - 04.40 pm

ADOLESCENT DIALOUGE – WHAT I EXPECT FROM ELDERS
ABOUT MY CAREER
ABOUT MY PEERS
ABOUT MY RELATIONSHIPS
ABOUT MY FAILURES OF EXPECTATIONS

Facilitator - Dr.Avinash Gawande , Dr. Nishikant Kotwal, Dr Shubhada Khirwadkar

04.45 PM – 05:15 PM

**SHARING & CARING Panel Discussion
Moderator – Dr. Piyali Bhattacharya**

04.45 pm 04.55 pm	Consent & confidentiality issues in POCSO	Dr. Chandrika Rao	Dr. Chitra Dinakar	
04:55 pm 05:05 pm	Sexual violence:a big threat to society	Padmashree Dr. Pukhraj Bafna	Dr.Nilima Rao	
05.05 pm 05.15 pm	Adolescent abuse A Wake up call	Dr. Sushma Kirtane	Dr. Nirupama	

5.15pm-5.45 pm

**FIT HAI TOH HIT HAI(case based panel discussion)
Moderator- Dr.Harmesh.S.Bains**

05.15 pm 05:25 pm	Diet fads & special diets	Dr. Geeta Patil	Dr. Gurdeep dhuria	
05:25 pm 05.35 pm	Disqualification criteria & doping	Dr. Harinder Singh	Dr. Madhushri Deshpande	
05:35 pm 05:45 pm	Motivational counselling in sports/ fitness	Dr. Chhaya Prasad	Dr Satish Agarwal	

Valedictory

Dr. Abhijeet Bharadwaj, Dr. Prajakta Kaduskar, Dr. Manjushri Giri, Dr. Suvarna Nanoti